## Breakfast and Lunch will be served at NO COST **BREAKFAST SEPTEMPER 2021** to students for the 21/22 school year! MS/HS Breakfast Menu subject to change without notice. Monday **Tuesday** Wednesday **Thursday** Friday Yogurt & Muffin Breakfast Sandwich 6 100% Juice 100% Juice NELCOME BACK Fresh/Canned Fruit Low Fat/Fat Free Milk TO SCHOOL! Low Fat/Fat Free Milk 13 Scrambled Eggs 14 Apple Frudel Waffles Breakfast Sandwich 16 Mini Pancakes 100% Juice W/Blueberries & Cream w/ 1/2 Bagel 100% Juice 100% Juice Fresh/Canned Fruit 100% Juice 100% Juice Low Fat/Fat Free Milk Fresh/Canned Fruit Fresh/Canned Fruit Low Fat/Fat Free Milk Fresh/Canned Fruit Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk French Toast Sticks Breakfast Pizza Fresh Baked 22 Yogurt & Breakfast Sandwich 20 23 Cinnamon Roll 100% Juice 100% Juice 100% Juice Pop tart Fresh/Canned Fruit Low Fat/Fat Free Milk 100% Juice Fresh/Canned Fruit 100% Juice Low Fat/Fat Free Milk Fresh/Canned Fruit Fresh/Canned Fruit Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk 30 Muffins 28 \*\*NEW\*\* Pancakes Apple Frudel Chicken & Waffles 100% Juice W/Strawberries & Cream 100% Juice 100% Juice 100% Juice Fresh/Canned Fruit Fresh/Canned Fruit Fresh/Canned Fruit Low Fat/Fat Free Milk Fresh/Canned Fruit Low Fat/Fat Free Milk Low Fat/Fat Free Milk Low Fat/Fat Free Milk

Choices Available Daily: Assorted Cereal, Assorted Cereal w/ ½ Bagel, Bagel w/ Cream Cheese, Smoothie, Pop-Tarts w/Yogurt

Milk Choices: 1% White, Skim White, Skim Chocolate

